



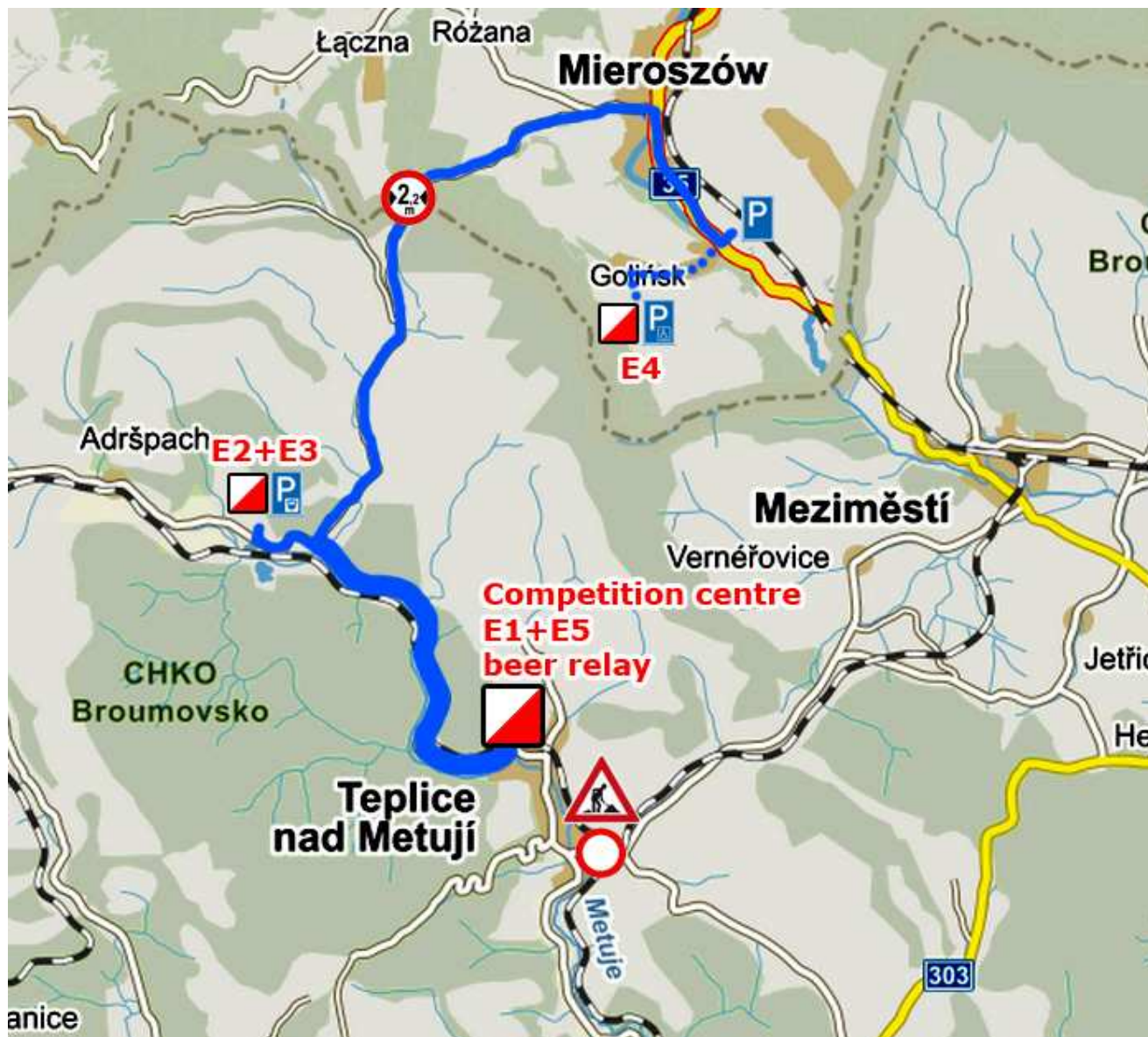
# ADVANTA Cup 2015

## BULLETIN 2

**Date:** 16th - 19th July 2015

**Organizer:** Klub orientačního běhu Dobruška

**Competition centre (CC):** pension Metuje, Teplice nad Metují (GPS: 50.5945717N, 16.1604386E)



**Arrival and parking:** There is not so much space for parking in CC. Arrival directly to pension Metuje will be allowed only for accommodated - type B. Competitors accommodated in cottages or tents should use parking areas close to railroad track (200 m) or by the hostel TJ Slavoj (600 m). Others can use our parking 700 m far from CC on meadow next to the town (check out parking plan) or they can use any other place for parking in downtown (1000 m+). All parking is for free.

Be noticed, that in Teplice there is closed main road due to road works. Detour leads through Police nad Metují (15 km). Be noticed, that in city of Nachod there is on major road huge road works too and the queue (and delay) is very long (up to one hour depends on which time of the day you travel there) these days. Traveling through Adršpach is not so pleasant too because of road works (obviously), there are on two places traffic signs. Short delay only.

If you don't want to wait, we advise you road from Ceska Skalice to Cerveny Kostelec, then through Bystre, Starkov, Ceska Metuje, Dedov to Teplice.

**Accommodation:**

Type A (cottages) - according to your entry you receive at the registration desk your keys. Return these keys to registration desk upon your departure. Toilets and showers you can find in the entrance of main building, entrance from outside under the pub terrace.

Type B (rooms) - after your arrival you normally check in on pension reception desk. After your payment you receive your keys.

Type C (tents in CC) - pension Metuje has a sloping surrounding. Despite this there is a space for tents on some flat locations. Please spare the flat places for others. Toilets and showers are (same as for type A) in main building.

All accommodated in A, B and C receive a wrist tapes which they should use as proof of paid accommodation. Its wearing allows you to receive a free breakfast (Fri, Sat 6:30-9:00, Sun 7:00-9:00) too.

Type D (Bučnice camping) - after your arrival you check in yourself at the reception in camping. There is small kiosk, toilets, showers. We provide there a small desk with information, start lists and results. Distance to CC is 1.4km.

**Registration desk:**

Thursday 16th July 2015 from 12:00 till 22:00 in CC,

Friday 17th July from 8:00 till 16:00 in event centre E2+E3

Saturday 18th July from 8:00 till 13:00 in event centre E4, from 14:00 till 17:00 in CC

Sunday 19th July from 8:00 till 10:00 in CC

Additional entries are possible to vacant places in start list.

**Refreshment:**

In CC there is a restaurant with a la carte menu, in Teplice there are several other pubs and restaurants. On Friday afternoon and evening in CC there will be a roasted pig, on Saturday we offer in CC smoked meat sausages, so don't let it pass!





In event centre E2+E3 because of a rich possibilities of refreshment (many stalls with food and 3 restaurants) we will provide only a very small modest stall with beer, soft drink and sausages.

In E4 event centre we increase our offer by tea, coffee and some cakes...

**Punching system:** Electronic system SportIDENT is used for all. If it doesn't work, use puncher on control to punch into the map to R1-R3 boxes.

**Control descriptions:** Selfservice in event centres. There are no control descriptions on the maps! Each stage has its own color of descriptions.

**Start lists:** Startlist will be available on the infodesk and on the internet. There is no starting order for classes HDR, P a T. These classes start using SI-unit Start, competitors in this classes can come to start anytime till the last ordinary competitor starts. Start of class HDR is in E2 and E5 selfservice (at this HDR start you can find maps, SI-unit Clear and SI-unit Start only)

**Maps:** All in ISOM, E1 and beer relays in ISSOM, surveyed by Tomáš Leštínský, printed on laser printer in Reklamy Jilemnice. Special symbols:  - distinctive tree,  - root stock,  - flat place,  - playground features

Maps are not waterproofed. Maps will be given to competitors in the last start box, where they can find a plastic pouches for map protection.

**Start procedure:** There are three boxes, in first you will be checked by organiser, in second you will clear and check your SI card and in the third you receive your map and plastic pouch.

**Finish procedure:** In the finish the competitor finishes his race punching the SI-unit Finish and read out his SI card in event centre. This must do all competitors, even if they give up the race. Maps are not collected, please be fair and don't show your map to competitors who haven't started yet.

We provide in finish a drink water and water with sirup.

Finish is closed in time limit+starting time of the last competitor in startlist.

**Forbidden areas:** New clearings, fences, private properties (on map olive green).

**Shoes:** No restrictions. We advise for E1 an athletic shoes.

**Kindergarten:** Will be provided for necessary time in event centres. Don't let your kids be here longer then it's necessary.

**Protests:** In written form to main referee with fee 200,-Kč.

**Medical care:** Basic threatment in the event centres, serious injuries in hospital Trutnov or Nachod.

**Results:** Ongoing results will be on the infotables in event centres. After the stage is finished, we place on the desk total ongoing results.

Times are **not merging** together, but we count the **results as a ranking**. It means, that you can **miss one stage**, because only four the best points are counted for the final results. Competitor with the highest score wins.

**Pricegiving ceremony:** Results of E1, E2, E3 and E4 we announce every evening at 19:30 in CC in Teplice. Except classes P and T we announce the winners of each class. Each winner recieve a small price and undying fame.

After the last stage finishes we announce the final results. The best three competitors in each class (again except P and T) recieve diplomas and prices. We expect the ceremony will start at 13:00.

**Expected winners time:** According the orienteering rules. Courses in E2 a E3 are little bit longer (winner 30 minutes).

**Notice:** We compeete according to the orienteering rules. All participating competitors are responsible for their own safety. Parents are responsible for their under-age kids.

**Expected jury:** Zuzana Jedličková (SHK), Adam Zitka (LPU), Miroslav Hadač (AOP)

**Organising committee:**

director - Tomáš Leštínský

main referee – Jan Fátor R1 (stareye@email.cz)

course setters - E1 Radim Hošek, E2-E5+beer relays Tomáš Leštínský

**Others:**

Just next to the CC is a outdoor swimming pool, don't forget your swimsuit!

In event centre of E1 and E2 there will be prepared sportstall APMSport, where you can find many interesting goods from its offer.



## E1

...fast and furious...

**Date:** 16th July 2015

**Race type:** sprint

**Event centre (EC):** pension Metuje, Teplice nad Metují

**Parking:** on meadow by the town for free

**Start:** 00 = 17:00, interval

**Distances:**

EC - parking: 700 m

EC - start: 600 m, blue-white stripes

EC - finish: 600 m, blue-white stripes

**Toilets:** ToiToi and WC in EC, none in the start

**Washing:** showers in EC

**Map:** Teplice, 1:5000, E 2.5 m, surveyed June 2015

**Terrain:** town of Teplice, park, streets, paved areas

**Time limit:** 30 minutes

**Notice:** Traffic is NOT closed during the race, keep **maximal caution** on path to start and on your course during crossing the main road in the town (streets of Aloise Jirásky, 5.května, Rooseveltova) leading through part of the area.



## E2

...cliffs, hills, bushes...

**Date:** 17th July 2015

**Race type:** rocky sprint

**Event centre (EC):** Adršpach, recreation zone next to the parking (GPS: 50.6178453N, 16.1233086E)

**Parking:** only on toll parking in Adršpach (100Kč per day). Don't try to park somewhere else, there is a parking ban zone under the Police monitoring.

**Start:** 00 = 9:00, interval

**Distances:**

CC - EC Adršpach: 6 km

EC - start 1: 1.3 km / 10 m, blue-white stripes

EC - finish 1: 1.3 km, blue-white stripes

EC = start 2 = finish 2: 0m

**Start 2: HDR**, selfservice. Competitor comes to start at any time. Here he find a map, SI-unit Clear and SI-unit Start. He clears his SI card, take one map and punch the Start. Since this moment the time is measured.

**Start 1: others**

**Maps:** *Start 1:* Lada, 1:5000, E 2.5 m, ISOM, A4, surveyed June 2015

*Start 2:* Equilibrium, 1:5000, E 2.5 m, ISOM, A5, surveyed June 2015

**Terrain:** hilly rock city

**Time limit:** 60 minut

**Toilets:** ToiToi in EC, none in the start

**Washing:** in Metuje river on the road from the finish (lot of water), exceptionally in EC in basins (little water)



## E3

...cliffhanger...

**Date:** 17th July 2015

**Race type:** rocky sprint

**Event centre (EC):** Adršpach, recreation zone next to the parking (GPS: 50.6178453N, 16.1233086E)

**Parking:** only on toll parking in Adršpach (100Kč per day). Don't try to park somewhere else, there is a parking ban zone under the Police monitoring.

**Start:** 00 = 15:00, interval

**Distances:**

CC - EC Adršpach: 6 km

EC - start 1: 1.9 km / 80 m, blue-white stripes

EC - finish 1: 1.3 km, blue-white stripes

EC - start 2: 150 m / 10 m, green-white stripes

EC - finish 2: 150 m, green-white stripes

Start 2: **HDR, P, D10, D12, H10, H12**

Start 1: **others**

**Maps:** *Start 1:* Lada, 1:5000, E 2.5 m, ISOM, A4, surveyed June 2015

*Start 2:* Equilibrium, 1:5000, E 2.5 m, ISOM, A4, surveyed June 2015

**Terrain:** hilly rock city

**Time limit:** 60 minut

**Toilets:** ToiToi in EC, none in the start

**Washing:** in Metuje river on the road from the finish (lot of water), exceptionally in EC in basins (little water)



## E4

...path no-path, forrest no-forrest...

**Date:** 18th July 2015

**Race type:** long

**Event centre (EC):** meadow in village Golińsk (Poland - GPS: 50.6441550N, 16.1840553E)

**Parking:** next to the junction to Golińsk on football field for free. Competitors with small competitors (HDR, HD10) can park in EC till they reach its capacity. Please don't park in Golińsk in front of native's houses. There is not so much space and we don't want them to be angry because of orienteering.

**Distances:**

CC - parking E4: 16 km (detour via Police n/Met. for vehicles wider then 2.2m - 30 km)

parking E4 - EC: 1.5 km, 30 m

EC - start: 0.7 km, 40 m, blue-white stripes

EC - finish: 0.6 km, blue-white stripes

**Start:** 00 = 9:00, interval

**Toilets:** ToiToi in EC, none in the start

**Refreshment:** 100m far from finish line there is a water and water with sirup. Longer courses they have a refreshment point (water only) in the forrest.

**Map:** Mirošovské stěny 3, 1:10000, E 5 m, surveyed June 2015

**Terrain:** Hilly, partionally bushy forrest with small rocks and stones breaks to a gently sloped clean forrest, dense path network, in some part blueberries.

**Time limit:** 120 minutes

**Washing:** In EC there will be a fireman's basin for washing. This water is not drinkable!



## Beer relays

...Milky Way championship...

**Date:** 18th July 2015

**Event centre (EC):** pension Metuje, Teplice nad Metují

**Entries:** at the registration desk (in Teplice or Goliáš) not later than **Saturday 16:30**

**Start fee:** 200 Kč per relay

**Start:** 00 = 17:00, mass

**Registration desk:** open till 16:30 in EC

**Map:** Pivní Metuje, 1:5000, E 2.5 m, ISSOM, surveyed 2015, partially adjusted, waterproof

**Terrain:** area of EC and surrounding hilly forrest with some stones.

**Classes:** beer boys (18+), spirit girls (18+), outsiders (drink Birell or other non-alcoholic beer).  
Dividing to classes is only for pricegiving purposes.

**Control descriptions:** printed on map

**Race system:**

There are 3 basic rounds, to final 4rd round promote 4 relays.

After start signal, the first member drink one beer bottle (girls one big shot, in final race double amount) and run his/her course (length +-0.7km, free order 5-7c), then pass his SI to second member, he/she does the same as the first one, last member punch finish. Every leg has its own map, be careful for codes! How many relays promote from what round depends on count of the relays.

**Pricegiving ceremony:** after the last relay finish the race

**Organizers:** Tomáš Leštínský, speaker Radim Hošek



## E5

...black pits forever...

**Date:** 19th July 2015

**Race type:** middle

**Event centre (EC):** pension Metuje, Teplice nad Metují

**Parking:** on meadow by the town for free

**Start:** 00 = 9:00

**Distances:**

parking - EC: 700 m

EC - start 1: 0.9 km, 120 m, blue-white stripes

EC - start 2: 0 m

EC - finish: 0 m

**Start 2: HDR, selfservice.** Competitor comes to start at any time. Here he find a map, SI-unit Clear and SI-unit Start. He clears his SI card, take one map and punch the Start. Since this moment the time is measured.

**Start 1: others**

**Toilets:** WC and ToiToi in EC, none in the start

**Map:** Lysý vrch, 1:10000, E 5 m, surveyed 2015

**Terrain:** hilly, clean forrest, lot of light green areas, at the end some boulders and boulderfields, dense path network.

**Time limit:** 80 minutes

**Washing:** Showers in EC.

**Good speed from all organizators!**



# Courses

ADVANTA Cup 2015

class	E1	E2	E3	E4	E5
D10	1.4km, 25m, 7k	1.7km, 90m, 5k	1.8km, 70m, 7k	2.1km, 75m, 6k	2.1km, 40m, 5k
D12	1.6km, 45m, 10k	1.7km, 90m, 7k	1.7km, 95m, 7k	1.8km, 95m, 7k	2.1km, 70m, 7k
D14	1.6km, 55m, 10k	1.6km, 120m, 13k	2.0km, 200m, 13k	2.8km, 80m, 9k	2.7km, 70m, 14k
D16	1.7km, 50m, 11k	1.9km, 145m, 20k	2.1km, 210m, 16k	3.9km, 185m, 14k	3.2km, 100m, 16k
D18	1.9km, 60m, 11k	2.1km, 160m, 21k	2.3km, 230m, 19k	4.8km, 210m, 17k	4.1km, 150m, 21k
D21A	2.1km, 60m, 11k	2.3km, 200m, 25k	2.5km, 240m, 21k	7.3km, 220m, 21k	4.5km, 170m, 25k
D21B	1.8km, 55m, 10k	2.0km, 160m, 22k	2.3km, 230m, 21k	5.4km, 210m, 19k	3.8km, 125m, 18k
D21C	1.6km, 35m, 11k	1.8km, 140m, 18k	2.0km, 215m, 18k	4.1km, 150m, 13k	3.1km, 100m, 16k
D35A	1.8km, 60m, 11k	2.2km, 180m, 22k	2.2km, 225m, 19k	5.9km, 200m, 17k	4.0km, 145m, 19k
D35B	1.5km, 50m, 9k	1.9km, 135m, 18k	2.1km, 190m, 17k	4.0km, 170m, 14k	3.1km, 95m, 16k
D45A	1.5km, 50m, 9k	1.9km, 160m, 21k	2.2km, 215m, 17k	4.5km, 140m, 16k	3.6km, 125m, 18k
D45B	1.5km, 40m, 9k	1.8km, 130m, 17k	2.0km, 190m, 13k	3.3km, 125m, 12k	2.9km, 80m, 13k
D55	1.3km, 35m, 10k	1.8km, 135m, 17k	1.9km, 165m, 14k	3.3km, 115m, 12k	2.9km, 80m, 14k
D65	1.2km, 30m, 8k	1.6km, 125m, 16k	1.8km, 145m, 14k	3.1km, 120m, 9k	2.6km, 75m, 13k
H10	1.4km, 25m, 7k	1.7km, 90m, 5k	1.8km, 70m, 7k	2.1km, 75m, 6k	2.0km, 40m, 6k
H12	1.6km, 45m, 10k	1.7km, 90m, 7k	1.7km, 95m, 7k	1.8km, 95m, 7k	2.5km, 45m, 8k
H14	1.6km, 55m, 10k	1.6km, 130m, 13k	2.0km, 220m, 13k	3.7km, 130m, 11k	3.2km, 80m, 13k
H16	1.9km, 60m, 11k	1.9km, 175m, 18k	2.2km, 225m, 18k	5.2km, 180m, 16k	3.7km, 120m, 18k
H18	2.2km, 65m, 11k	2.2km, 185m, 22k	2.5km, 240m, 18k	6.8km, 200m, 18k	4.2km, 175m, 23k
H21A	2.4km, 70m, 14k	2.6km, 210m, 26k	2.7km, 275m, 24k	9.2km, 275m, 26k	5.6km, 260m, 27k
H21B	2.2km, 70m, 12k	2.3km, 170m, 23k	2.5km, 255m, 21k	7.4km, 240m, 24k	4.5km, 170m, 23k
H21C	2.1km, 55m, 9k	1.9km, 150m, 22k	2.2km, 240m, 17k	5.7km, 180m, 17k	3.5km, 95m, 20k
H35A	2.3km, 65m, 10k	2.4km, 200m, 25k	2.5km, 260m, 20k	7.3km, 245m, 21k	4.7km, 200m, 22k
H35B	1.8km, 60m, 11k	1.9km, 150m, 18k	2.3km, 230m, 19k	5.3km, 185m, 18k	3.4km, 135m, 16k
H45A	2.0km, 55m, 12k	2.2km, 170m, 21k	2.3km, 230m, 18k	5.8km, 230m, 20k	4.3km, 180m, 25k
H45B	1.6km, 50m, 10k	1.8km, 135m, 18k	2.2km, 210m, 16k	4.0km, 170m, 16k	3.4km, 95m, 18k
H55A	1.7km, 45m, 10k	2.0km, 150m, 21k	2.2km, 215m, 18k	4.8km, 190m, 18k	3.8km, 140m, 19k
H55B	1.5km, 50m, 9k	1.7km, 130m, 19k	1.8km, 160m, 16k	3.9km, 170m, 13k	3.2km, 85m, 16k
H65	1.5km, 40m, 9k	1.7km, 135m, 19k	1.9km, 165m, 14k	3.5km, 145m, 14k	3.2km, 100m, 16k
H75	1.3km, 35m, 10k	1.5km, 110m, 14k	1.8km, 145m, 14k	3.1km, 120m, 9k	3.0km, 80m, 13k
P	1.6km, 50m, 9k	1.8km, 120m, 9k	1.8km, 115m, 9k	2.6km, 100m, 9k	2.9km, 50m, 9k
T	2.1km, 65m, 11k	2.1km, 170m, 20k	2.4km, 230m, 21k	5.1km, 190m, 18k	4.0km, 145m, 21k
HDR	1.4km, 35m, 11k	0.7km, 25m, 5k	1.4km, 70m, 5k	1.1km, 40m, 5k	1.5km, 50m, 6k



# Event centre parking plan

Teplice nad Metují





## Event centre - zoom

Teplice nad Metují

## ADVANTA CUP 2015 Competition centre



## Stage plans

E1, E5



