

# ADVANTA Cup 2009

## INFORMATION

**Date:** 4th - 6th of July 2009

**Race types:** E1 – shortened, E2 - middle, E3 - long (handicap)

**Organizer:** Klub orientačního běhu Dobruška

**Competition centre:** Zdoňov – Loděnice, camp



**Parking:** Competitors who are accommodated in camp park their cars inside the camp (according to camp capacity), competitors who are commuting to centre park on Polish side of border on assigned meadow (100m from centre). Passing through the forest by car on Polish side is forbidden, so please don't continue to inland to Mieroszów. Parking is free.

### **Accommodation:**

**Beds:** There are on room doors lists of accommodated competitors, please, keep them. There is a plug, feather-bed, own sleeping-bag is not necessary. Parking beside the building or in camp.

**Cottages:** On every cottage there is an lodge list (or club) to whom the cottage is allocated. Own sleeping bag is necessary. Parking is possible by the cottage.

**Tents:** Camp is rather large but we have almost 290 competitors there so please spare the space. Parking by the tent is possible till we reach camp capacity. If it happens, you will be pleased to re-park your car to parking in Poland (max 100 m from centre), please, respect it. You can build your tents in "court" too, but there can be no cars.

You can use ToiToi, drinking water, hot (passing time cold) showers. Electric plug you can find in main building in common room.

### **Registration**

Friday 3rd of July 2009 from 18:00 till 21:30 in centre

Saturday 4th of July from 8:00 till 21:30 in centre

Sunday 5th and Monday 6th of July one hour before start in stage centre.

Entries are possible in count of vacants in start list.

**Board:** There will be a field-kitchen with goulash, next to it will be some stall with goods like hotdogs, sausage, some sweets, for drink we offer beer Rebel and Kozel,

coffee, tea, some soft drinks... You won't die of hunger but for some fine food you should take a trip to Adršpach or Teplice.

**Punching system:** Electronic system SportIDENT will be used for all classes. If the SI fails, please use the R fields in map to mechanic punch.

**Control descriptions:** available in every stage centre as a self-service.

**Start lists:** Whole start list will be in the centre, stage start list will be in stage center. Class HDR (parents with children) doesn't have a start list, they start on a starting SI-unit anytime till start time 140

**Map:** All maps are in key ISOM2000. Special features: **O** - distinct tree, **X** - root stock, **X** - small plateau, **X** - other man made feature

**Finish:** Competitor finishes his race on finish line punching Finish SI-unit. In E3 competitor punches after the finish line, for result is decisive a finish referee decision, keep his instructions.

**Results:** Running results on stage center, final results in the competition centre.

**Expected winner times:** according to valid rules of Czech Orienteering Federation

**Finish organisation:** After competitor finish his race he immediately read his SI card in the computer (disq. competitors too). After finish you keep your map so we appeal to your fair play sense that you won't show your map to other competitors who hasn't ran yet.

**Forbidden areas:** Please don't enter to a fresh-planted clearings, fences, private estates (on map symbol Settlement) and of course the fields are forbidden areas too.

**Shoes:** There is no restriction about shoes at all events, you can use shoes with spikes without fear.

**Kindergarten:** will be organized in every stage center

**Protests:** by written form with fee 200,- Kč to the main referee

**Medical care:** on every stage will be a basic medical care.

**GSM signal:** There is no Czech GSM signal in centre in Zdoňov, Polish GSM is fine.

**Notice:** All competitors participate on their own responsibility.

**Officials:**

director - Tomáš Leštínský

main referee - Tomáš Leštínský

course setters - Tomáš Leštínský and Katarína Labašová

*well, so now the stages.....*

## 1st Stage

**Date:** 4.7.2009

**Race type:** shortened

**Centre:** Zdoňov - camp

**Start:** 00 = 12:00, signed with blue-white stripes

**Distances:**

Centre = stage centre

event centre - start: 500 m

event centre - finish: 0 m

**Toiletes:** ToiToi in centre, at start there is no WC

**Washing:** washbasins with cold water, hot showers - please spare with water

**Refreshment:** at finish water and NutriProduct ionic potion

**Map:** Mirošovské stěny 2, 1:10000, E 5 m, ISOM, spring 2009, waterproof, smaller A4

**Terrain:** Clear forrest with some natural seedeng thickets, softly leaned plain is sharply breaking to very steep slope, in lower parts broken. Many paths.

**Time limit:** 120 minutes

**SI reading:** in competition centre

**Results and pricegiving ceremony:** running results in centre, pricegiving ceremony for all the first will start after last competitors will be out of the forrest, we expected it will starts till 16:00 in centre.

## 2nd Stage

**Date:** 5th July 2009

**Race type:** middle

**Stage centre:** Ostaš - kemp

**Start:** 00 = 15:30, signed with blue-white stripes

**Distances:**

competition centre - stage centre: 17 km

stage centre - start: 1300m

stage centre - cíl: 0 m

stage centre - parkoviště: 0 m

**Parking:** on private meadow below the camp, parking fee is 30,- Kč

**Toiletes:** no toiletes at start, use ToiToi or WC in stage centre

**Washing:** hot showers (for fee), waterbasins with cold water

**Refreshment:** at finish water and NutriProduct ionic potion, a small restaurant in centre

**Map:** Ostaš, 1:10000, E 5 m, spring 2007, ISOM, waterproof, A4. There is a masive timber felling, only important changes are printed to map.

**Terrain:** Hilly, stony, clear forrest, middle density of paths

**Time limit:** 120 minutes

**SI reading:** in stage centre

**Results and pricegiving ceremony:** running results in centre, pricegiving ceremony for all the first will start in 20:00 in competition centre in Zdoňov

## 3rd Stage

**Date:** 6th of July 2009

**Race type:** long

**Stage centre:** Zdoňov - camp

**Start:** 00 = 9:00, handicap

**Handicap:** 30 minutes, then interval 1 minute

start	class
00	H21A, H21B, H35A, H45A
20	H10, H12, D14, P3, P5
40	D10, D12, H14, D35A
60	H35B, H45B, H55B, H18
80	D21A, D21B, D35B, H16
100	D16, D18, D45B, H65
120	D45A, D55, H55A

**Distances:**

Centre = stage centre

Start and finish are in centre

**Toiletes:** ToiToi in centre, at start there is no WC

**Washing:** washbasins with cold water, hot showers - please spare with water

**Refreshment:** at finish water and NutriProduct ionic potion, in forrest on two controls for long classes there there will be an refreshment point

**Map:**

Mirošovské stěny 2, 1:10000, E 5 m, ISOM, spring 2009, waterproof, smaller A4

Mirošovské stěny, 1:10000, E 5 m, ISOM, spring 2009, waterproof, smaller A3

**Terrain:** Clear forrest with some natural seedeng thickets, softly leaned plain is sharply breaking to very steep slope, in lower parts broken. Many paths.

**Time limit:** 150 minutes

**SI reading:** v centru

**Results:** running results in centre

**Pricegiving ceremony:** Pricegiving ceremony will start at 13:00, we aware the first three places in all classes.

## Night event

**Date:** 4th of July 2009

**Race type:** night

**Centre:** Zdoňov - camp

**Start:** 00 = 22:00, arbour in competition centre

**Distances:** All is in centre

**Registration:** till 21:30 in centre

**Map:** Mirošovské stěny 2, 1:10000, E 5 m, ISOM, no waterproof, smaller A4

**Terrain:** Clear forrest with some natural seedeng thickets, softly leaned plain is sharply breaking to very steep slope, in lower parts broken. Many paths.

**Time limit:** 120 minutes

**Results:** on the board next day

**Pricegiving ceremony:** will be done in centre in Zdoňov on 5th of July in 20:00 after E2. In classes where will be less then 6 competitors we will aware only the first one, in others we will aware first three.

## Sprint

**Date:** 5th of July 2009

**Race type:** sprint

**Event centre:** Adršpach, railroad station

**Start:** 00 = 8:00

**Distances:**

competition centre - event centre: 7 km

event centre – parking: 100m

event centre - start: 1300 m

event centre - finish: 0 m

**Parking:** Use official parking in Adršpach, where is parking fee 60Kč/day. Don't park your car anywhere else, Police checks it here quite often. Tiny tip: Fee starts to be paid some time before 8:00, so if you will be there earlier, probably you will park for free.

**Registration:** 4th July till 21:30 in centre, it won't be able in the morning before event.

**Map:** Adršpašské skalní město, 1:5000, E 5 m, may 2009, waterproof, A4, ISSOM

**Terrain:** Rocky town, rocks, cliffs, stones, one tourist path

**Time limit:** 40 minutes

**Control descriptions:** in event centre, it will be printed on map too. Controls are in map in Ski-O format, it means control number and control code together (ex: 1-31).

**Results:** Running results in restricted form, final results will be available in competition centre after event and in 2nd stage centre.

**WC, washing:** Organised by Technical Support of Adršpach in theirs facilities, in event centre

**Pricegiving ceremony:** will be done in centre in Zdoňov on 5th of July in 20:00 after E2. We will aware first three in every class.

**Important special instruction:**

Competition take place in a first zone of CHKO Broumovsko - National natural reservation with the highest level of protection. So please **restrict your run outside of signed tourist paths to minimum**. It woun't take the efect of shortcut, anyway the forrest is outside of paths very wild, many times very unfriendly to run. Forbidden routes are marked with purple X on the beginning of this route.

There is strongly denied to enter to forbidden areas! In places where it can tempting some competitors to break this rule (we know ourselves), there will stand a guard to protect this areas and disqualifying cheating competitors. These forbidden areas are signed in map by red hatching, entry is forbidden to all clearings too.

Because it is a sprint in ISSOM, we remain there is forbidden to cross uncrossable fences!

There is a railway passing through a competition area. In ISSOM is railway forbidden area too. There are only two crossings, where you can **only** cross this railway. **Train has a RIGHT OF WAY!** Do NOT try in your fight fever for seconds cross the railway close to train! Train goes here at 8:14, 9:43 and 10:12 so the following instruction is for competitors starting at time 80 +-5 min. There will be an organizer on the crossing and he won't pass you through when the train goes by. Avoiding the time loss will competitor punch special SI-unit following organizer's instruction. When the train leaves a crossing, competitor punch this SI-unit again and in the finish his time spended on crossing will by taken off his finish time.

The event takes time in Christian feast of Cyril and Metoděj, it is a Sunday, holiday starts to go, so in Adršpach there will be a huge count of tourists. Be considerate, if some of them will block you on some ladder, don't swear, pass them by (if it will be able), but rather think about it even when you're choosing your course.

For competitors who hasn't started yet there is closed area including all tourist paths in Adršpach stone city and area in front of cash desk A and B.

## **More attendant events**

„Let's sport with map in Zdoňov“

**Date:** 5.7.2009

**Centrum:** Zdoňov

Company for supporting young talents of orienteering AR20 o.s. and region „Královehradecký kraj“ prepared for you on 5th Sunday from 9:30 to 13:00 hrs. in surrounding forests close to state border a special event for public and participants of Advanta Cup including four attendant disciplines:

**1 – Fastets punching** – race in simple microprint. The point is punch as fast as you can signed short route in forest using SI chip. Fine punching example, suitable for beginners, exact results.

**2 – Forrest biking** – bike tour with map, seven control points on tracks with easy tasks. Do you like riding your bike in nature? Why don't try it with map! Just sign control points by the way.

**3 – Mapping in forest** – walkaround with map with four easy controls almost using paths and roads. Do you want to try a short orienteering? Now you've got an opportunity!

**4 – Seeking a treasure** – practical learning of geocaching with point to catch as many caches as you are able with small award in finish. Takers can use GPS locator or exact map for easier seeking. There will be a PC with software for promotion of geocaching works.

Main prizes for the most versatile competitors in kids, youth and adult classes are 4x cycleguide by SmartMaps and one navigation to cell phone provided by Smartmaps too. For the bests in every class are prepared interested prizes too. Partner of this event is Nurtiprodukt, which providing your drinking regime.

We'd like to popularise our sport to public and show its other possibilities. Disciplines are pointed not only for public but for participants of Advanta to use their free time between 1st and 2nd stage or after an Adršpach sprint.

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***We wish to all competitors unforgettable orienteering and compete success!***



## Competiton centre

